



## Lichfield Cathedral School

### Personal, Social and Health Education (PSHE) and Citizenship Policy (Including EYFS)

#### **AIMS and OBJECTIVES**

At Lichfield Cathedral School pupils are encouraged to play a positive role in the life of the school and the wider community.

They are encouraged to think independently and given opportunities to compare their values and beliefs with those of others. They learn to examine evidence and opinions, form conclusions, discuss differences and resolve conflicts. Through PSHE and Citizenship Education all pupils are encouraged to take increasing responsibility for themselves and their actions.

The aims of PSHE and Citizenship are to enable the children to:

- Develop self-esteem and to actively discourage bullying both in and out of school.
- Respect others
- Understand what makes for good relationships with others
- Develop good relationships with other members of the school and wider community
- Be independent and responsible members of the school community
- Contribute to school developments by assuming an active and positive role in the life of the school
- Be conscious of safety issues, for example fire safety and First Aid.
- Know and understand the importance of a healthy lifestyle
- Understand the dangers of drug and alcohol abuse.
- Understand how to manage personal finances.

#### **PROMOTING BRITISH VALUES**

As a Christian school, we promote Christian values that reflect these British values. The DfE have recently reinforced the need “to create and enforce a clear and rigorous expectation on all schools to promote the fundamental British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs.” The government set out its definition of British values in the 2011 Prevent Strategy to combat radicalisation and terrorism. Extremism in all its forms has no place at Lichfield Cathedral School and the School believes that education is a powerful weapon against this, as it equips young people with the knowledge, skills and sound judgment to challenge and debate these issues in a secure environment.

To further the Prevent strategy, fundamental British values are embedded throughout the curriculum, including, but not limited to, the PSHE and C curriculum, and across the wider life of the School. Please refer to the Statement on Promoting British Values and implementing the Prevent Strategy.



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#### **TEACHING AND LEARNING STYLE**

At Lichfield Cathedral School we introduce a variety of teaching and learning strategies, including drama, role-play assemblies and fundraising for Charity, to ensure that all the children's learning skills are being promoted.

We include in the curriculum the opportunity to listen to visiting speakers, and welcome parental participation as one of our valuable links between home and school.

#### **PSHE and CITIZENSHIP PLANNING**

Provision for some aspects of PSHE and Citizenship is made through other subject area e.g. Science and English, and geography – Global Citizenship/awareness of other cultures, Sex Education.

During each half term (except the final summer half term), students within years 7-13 are taken off timetable for the duration of four consecutive periods. Within this allotted time, students focus on a particular issue, e.g. personal financial management. The session usually consists of two periods of classroom based lessons, followed by two periods led by an external organisation. This will either be delivered in the form of a speaker, a drama workshop or a Question and Answer session. Each year group focus on an issue appropriate to their age group. The sessions are planned by the relevant Head of Section.

Years 4-6 are allocated one period per week for PSHE, which is led either by their form teacher or a member of staff who has a specific teaching allocation for the subject. A syllabus appropriate to the age group is followed and is often linked to themes relevant to specific times of the year. (e.g. Anti-Bullying week, Bonfire night and fire safety)

Year Group assemblies and weekly 'focus points' are other vehicles for the provision of PSHE and Citizenship.

#### **EYFS**

At this level PSHE and Citizenship is closely related to the objectives set out in the Early Learning Goals (ELGs). Personal, emotional and social development is fostered according to these objectives.

The subject is an integral part of Topic Work covered throughout the year.



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### **TEACHING PSHE and CITIZENSHIP TO CHILDREN WITH SPECIAL EDUCATIONAL NEEDS**

We teach PHSE and Citizenship to all ability groups within school, providing learning opportunities to enable each individual to make progress. We respond to the needs of all children by employing different materials, style of teaching and classroom organization according to the activity.

Our risk assessment procedure for activities outside the classroom ensures that all activities are safe and appropriate for all pupils.

The Learning Support department is consulted after each PSHE session to check that students with SEN have been catered for appropriately.

### **ASSESSMENT, RECORDING and REPORTING**

Pupil and peer assessment as well as observation and assessment by teaching staff are an on-going part of the process.

### **RESOURCES**

Resources for PSHE and Citizenship are stored within Warner : Resources on the school computer network. The Head of Section directs the relevant Form Tutors to the resources one week before the PSHE Session is due to take place and carries out the necessary staff training.

### **MONITORING AND REVIEW**

At the end of each academic year staff delivering PSHE and Citizenship meet to evaluate the achievements in this curriculum area for the given year. Areas for development are pinpointed and a report on the group's findings is forwarded to the Head/Deputy Head Teacher.

After each PSHE Session, Heads of Section contact the relevant Form Tutor to investigate the success of the session. Form Tutors give feedback based on their own views and the views of the students within their tutor group.

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